

Shebbear College PSHE Year Overview, 2017-2018



Year	Michaelmas Term	Lent Term	Trinity Term
7	Learning styles and skills development Big bang Science Show What is banking all about? Establishing ground rules, transition, friendships and personal targets Personal Values Rights, responsibilities and bullying Relationships: Friends and family	Alcohol Awareness Sex and relationships Healthy lifestyles: eating and exercise Health, risk and peer influence: Tobacco and alcohol Personal identity and health	Critical thinking: Debating Mock trial
8	Personality and self-awareness Careers and enterprise Business and consumer choices Economic understanding You, your views and values	Alcohol Awareness Sex and relationships Diversity, prejudice, racism and discrimination Relationships: Marriage and civil partnerships	Arson and hoax calls First aid and lifesaving skills Recognising and reducing risk Healthy lifestyles: Alcohol and drugs
9	Mock Trial Thinking about careers: the personal review and planning process Opportunities in learning and work Careers Investigator Choices at 14+ Study and research skills	Rights and responsibilities Diversity and discrimination, focusing on gender, age, disabilities and homophobia Sex and relationships	Personal identity: Self-esteem, confidence and assertiveness Healthy lifestyles: peer influence, body image and eating disorders Risk, minimising harm and getting help
10	The world of and work experience Interviews and CV writing Personal finance	Careers Workshop Assertiveness, communication and negotiation skills Sex: Personal Relationships Family life and parenting	Road Safety Awareness Body image and health implications Strengths, confidence and self-esteem Emotional and mental health and wellbeing Careers: CV & Profiling
11	Futurewise Profiling Post-16 Options Interviews and CV writing Developing personal identity for career progression	Sex and relationships Healthy and unhealthy relationships Diversity, discrimination and conflicting values	Risks and choices Taking responsibility