WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH					
HOT MAIN	Lasagne	Chicken, Leek & Mushroom	Chilli Con Carne	Roast Joints	BBQ Beef Burritos
	Garlic Bread	Vol au vent	Rice	Roast Potato, root veg, swede	Sausage Roll, Faggots
					Chips
VEGGIE MAIN	Veggie Lasagne	Roast Pepper, Tom & Feta Baguette	Veggie Chilli	Stuffed Peppers	Cheese & Onion Pasty
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
PASTRY HOT	Quiche	Roasted Vegetable Tart	Quiche	Cheese & Potato Pasty	Quiche
VEGETABLES	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	Peas, Beans, Sweetcorn
	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily
COLD SELECTION	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands
	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots
	Plated Salads	Plated Salads	Plated Salads	Plated Salads	Plated Salads
DESSERT	Flapjack	Apple Crumble/Custard	Choc Sponge/Choc Sce	Rice Pudding, Jam	Freshly Cut Fruits
			Cream		
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yogurts	Yogurts	Yogurts	Yogurts	Yogurts
EVENING MEAL	Piri Piri Chicken	Sweet & Sour Pork	Burger	Sausage Casserole	Mushroom Pasta
	New Potatoes	Noodles	Chips	Mashed Potato	Garlic Bread
	Choc Fudge Brownie	Jelly	Cookies	Bakewell Tart	Muffins

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH					
HOT MAIN	Pasta Arrabiata	Shepherds Pie, Leeky Mash top	Chicken Korma	Roast Joints	Burger/cheese
	Garlic Bread		Rice	Roast Potato, root veg, swede	Scotch Egg Chips
VEGGIE MAIN	Roasted Vegeteble Pasta	Garden Pie(v)	Veggie Korma	Roasted Veg Skewers	Corn Scotch Eggs
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
PASTRY HOT	Quiche	Roasted Vegetable Tart	Quiche	Cheese & Potato Pasty	Quiche
VEGETABLES	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	Peas, Beans, Sweetcorn
	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily
COLD SELECTION	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands
	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots
	Plated Salads	Plated Salads	Plated Salads	Plated Salads	Plated Salads
DESSERT	Carrot Cake	Syrup Sponge/ Custard	Shortbread	Rice Pudding, Jam	Freshly Cut Fruits
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yogurts	Yogurts	Yogurts	Yogurts	Yogurts
EVENING MEAL	Chilli Beef Tacos	Pork Steaks/Cream Sauce	Lamb Kofta	Sausage & Mash	Quesadillas
	Saute	New Potatoes	Chips/Crispy Veg/Salad	Fried Onions	Crushed New Potatoes
	Tiffin	Apple Strudel/Cream	Cookies	Oat & Raisin Biscuits	Ice Cream

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH					
HOT MAIN	Smoked Bacon & Mushroom Pasta	Cottage Pie	Pork Stroganoff	Roast Joints	Pizza
	Garlic Bread		Rice	Roast Potato, root veg, swede	Gammon Knuckle
					Chips
VEGGIE MAIN	Mushroom Pasta		Mushroom Stroganoff	Frittata	Veggie Pizza
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
PASTRY HOT	Quiche	Roasted Vegetable Tart	Quiche	Cheese & Potato Pasty	Quiche
VEGETABLES	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	2 Fresh Veg Daily	Peas, Beans, Sweetcorn
	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily	Fresh Salads made daily
COLD SELECTION	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands	Filled Baguettes/Sands
	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots	Noodle Pots
	Plated Salads	Plated Salads	Plated Salads	Plated Salads	Plated Salads
DESSERT	Lemon Sponge/ Custard	Rice Crispie Cake	Sticky Toffee Pudding	Rice Pudding, Jam	Freshly Cut Fruits
			Cream		
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yogurts	Yogurts	Yogurts	Yogurts	Yogurts
EVENING MEAL	Balti Chicken Curry	Turkey Fajitas	Pulled Pork Brioche Bap	Stir Fry Beef in Oyster Sauce	Pasta Bolognese
	Rice			Noodles	Garlic Bread
	Cherry Shortbread	Muffins	Cookies	Key Lime Pie	Ice Cream